

CURRICULUM VITAE

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Educational History

Degree	Year	Institution	Location	Major
DrNP	2015	Regis University	Denver, CO	Leadership
Post MSN	2010	Johns Hopkins University	Baltimore, MD	Forensics
Fellowship MSN	2008	University of Illinois (Public Health)	Chicago, IL	Public Health

Year to Year Position	Institution	Location
2009– Guest Lecturer	Johns Hopkins University SON	Baltimore, MD
2009– 2012 Nursing House Supervisor	Anderson Hospital	Maryville, IL
2007– 2008 Fellow	University of Illinois School of Public Health	Chicago, IL
2007– 2009 Director of Clinical Services	SIVNA	Swansea, IL
2006– 2007 Research Coordinator (NIH)	St. Louis University	St. Louis, MO
2002– 2004 Administrator	Lourdes Home Health	Collingswood, NJ
2000– 2002 Director of Clinical Services	Sterling Medical Services	Moorestown, NJ
2000	Sterling was acquired by Coloplast Corp	Copenhagen, Denmark
1998– 2000 Director of Clinical Research	Coloplast Corp	Marietta, GA
1998– Clinical Consultant	Olsten-Kimberly	Reno, NV
1997 – present President & Founder	Siera Clinical Research & Forensic Associates	St. Louis, MO Chesapeake, MD Reno, NV
1990– 1996 CEO & Founder	Whitaker Care Consultants	Belleville, IL
1988 – 1990 Director of ET Nursing	Jewish Hospital @ Washington University	St. Louis, MO

1986

Thimsen, K and Faguano, D. (2020). Elder Abuse Clinical Identification: Case series of 612 elder abuse cases. Evidence Magazine, summer.

Thimsen, K, Young, M and Swatske (1990). Managing High Output Effluent Stoma and Wound Management, King of Prussia, PA.

Thimsen, K. and Young, M. (1990). Stoma Management of Loop Ileostomy and Wound Management, King of Prussia, PA.

Thimsen, K, Young, M. and Swatske (1990) Stoma Placement and Postoperative Considerations In Annals of Colorectal Surgery Ed: Kodner, I. in Kurt Valheimer MD, (Special Edition).

Practice Corner Featuring: Wound Care Practice and Forensic Nursing: (2003), Ostomy and Wound Management, King of Prussia, PA. Fall. (This article featured my clinical practice)

Thimsen, K. (1988). Pressure Sore Prevention and Management, Caliper, Quebec, Canada.

Thimsen, K. (1983). Fungating Breast Cancer Lesion: A Case Report of Enterostomal Therapy spring.

Thimsen, K. (1983) Stoma Care While in Radiation, Journal of Enterostomal Therapy Winter.

Transcutaneous Oxygen Administration as A Venous Stasis Wound Healing Technology: Interim analysis and report of 200 subjects. Ogenix Corp. Lakeview, OH (2006)

Is Gauze Making Your Patient Sick: Tyco Corporation, Inc. Mansfield, MA. (2005)

Moist Wound Healing and Glycerin Based Hydrogel Dressing Technology: Southwest Technologies, Inc. Kansas City, MO. (2005)

Glycerin: Creating the Perfect Environment for Healing. Southwest Technologies, Kansas City, MO. (2005).

Venous Stasis of the Lower Extremity: Interim report on use of electrical stimulation as a wound healing modality: Thirty subject feasibility report. Wound Solutions; UK Coam the UK government 2004

In Infection Control Specialist's Guide to Microorganisms and Current Topical Wound Management Strategies: Tyco Corporation, Inc. Manchester, 2004

Bioburden and Wound Care Management: A hospital to long term care study of heal outcomes and reduction of microorganisms. Tyco Corporation, Inc. Manchester, MA. (2004)

Intermittent Self-Catheterization: A Clean Procedure. Adopted as a community standard of care in acute care settings, long term care and home health agencies in Belleville, IL (1982)

Position Papers

Academy of Forensic Nursing & Doctors Against Forced Organ Harvesting Position Paper on Human Rights Violation of Forced Organ Harvesting (2022). This will be presented to Global Summit of Nursing at the United Nations in October 2022.

Forensic Nursing Certification Board Consensus Document on Forensic Nursing Competencies: Results of a Delphi Study (2021)

Academy of Forensic Nursing Position Paper on Sexual Assault Evidence Collection and Tracking (2020)

Academy of Forensic Nursing Position Paper on Evidence Based Education for Forensic Nursing (2020)

Academy of Forensic Nursing Position Paper on Self-Collected Evidence Post Sexual Assault (2020)

Evidence Collection from an Unconscious Patient, International Association of Forensic Nurses Ethics Statement

Wound Infection Prophylaxis Strategies and Options for Clinical Management

Self-administration of Medication Among the Visually Impaired: Interventions for improving safety and maintaining independence.

Clinical Trial Result: Skin Adaptation and Wear Patterns and Trends in Extended Wear Barriers: A comparison of United States, Canadian and Danish subjects. Copenhagen, Denmark.

Books

Carney, A. (2019) Forensic Nursing: Evidence Based Principles and Practice. Interpersonal Violence and Elder Abuse (chapter) F.A. Davis Company.

Motta, G and Whitaker, K (1993). Understanding the Reimbursement Maze: Medicare and Medicaid Benefit Programs. Pathways to Empowerment, LLC.

Motta, G and Whitaker, K (1993) Building an Independent Practice as a Consultant: A Step Step Guide. Pathways to Empowerment, LLC.

Motta, G and Whitaker, K (1993). Billing, Coding and Collecting: A Guide for Clinical Nurse Consultants. Pathways to Empowerment, LLC.

Motta, G and Whitaker, K (1993). The Business of Clinical Consulting. Pathways to Empowerment, LLC.

Motta, G and Whitaker, K (1993). Defensive Wound Management: Documentation and Protocols. Pathways to Empowerment, LLC.

Motta, G and Whitaker, K (1993). Specialty Billing Guide: Ostomy Care. Pathways to Empowerment, LLC.

The proposed research will be to identify cause and prevention strategies and new methods to train the trainer (health care providers at Maras Hospital) and the village children and adults working in the fields and in salt pools.

Funding:\$3500

Menstrual Education and Sexuality Training for adolescent and teen girls (ages 13-17) in Andean village schools. N= 78 girls.

Aim is to introduce the topic of female anatomy and physiology related to menstruation and

Summary of Research Experience Best Practice in Community Health and Engagement Programs in an Urban Setting 2011 Association for Prevention Teaching and Research (APTR), Washington DC. [aptrweb.org](http://www.aptrweb.org)

Purpose Describe a best practice for public and community health, undergraduate nursing curriculum using community based participatory research and project management

Significance to Practice

The significance of the experiential (Immersion) and teaching strategies described the process, development, implementation, and outcomes achieved in improving the application of the public health core functions and essential services. Using the Public Health Nursing Interventions (Minnesota Model) guided students in community engagement, social inclusion, and health promotion and health disparities of an urban population living in a food desert.

Serendipitous outcomes included a reduction in crime associated with gardening initiatives; improved access to fresh fruits and vegetables with a local “city farmers market”; job opportunities in the garden; park fitness trail revitalization; increased resident involvement in fitness and healthy eating education and activities.

Role: Project leader, and author of Best Practice Model.

Funding SIUE \$1000 grant from SIUE Foundation
YMCA: Pioneering Healthy Communities \$7500
Helmkamp Construction \$4500
St Louis Composting

Managing High Output Effluent

Purpose: This study was undertaken to identify the usefulness of Sandostatin® on gastrointestinal fistula output in twenty patients with inflammatory bowel disease.

Management of intestinal fistula output in patients with Crohn's Disease or Ulcerative Colitis who experienced fecal and enzyme output greater than 800cc/day were randomly assigned to either a control or treatment group. The treatment group received Sandostatin SQ every eight hours over a period of three weeks. Output volume, electrolytes and enzyme levels were monitored in the effluents every 24 hours.

Significance: The use of Sandostatin was demonstrated to be an effective treatment in the management of fistula output, containment appliance adherence and in stabilizing electrolyte and enzyme loss.

Role

analyzed for cost benefit that showed a savings of \$33 per patient undergoing barium enema studies with a stoma.

Significance: Practice change, patient, staff, and physician improved satisfaction with cost effective evidence

Role: PI Funding: Hospital risk management department funded.

Transcutaneous oxygen administration as a venous stasis wound healing technology use of topical oxygen therapy on venous stasis ulcers has been a debated issue. This study was undertaken in four wound centers across the United States. The topical oxygen therapy unit, Epiflow, was studied in a blinded controlled, randomized trial with four sites enrolling 50 patients each into the study.

OASIS Skin Integrity Instrument Validation

The OASIS instrument is the documentation program developed for the Centers for Medicare and Medicaid in 1997. The wound documentation section is 0 Tc 0 t

- Transplant Medicine at a Crossroad: An ethically biased profession usurped and repurposed for genocide. (2021) World Summit on Combatting and Preventing Forced Organ Harvesting: CAP Freedom of Conscience, DAFOH, KAEOTT, TAICOT and TTRA. Presented at the United Nations, September 17, 2021.
- Elder Abuse: Looking beneath the surface. Eastern Tennessee State University, HRSA Funded Training Program. Via Zoom. October 2020
- Clinical Indicators of Elder Abuse: Themes from a 612 patient case series. June 2020. Academy of Forensic Nursing Webinar.
- Interprofessional Violence and Elder Abuse: Maltreatment that crosses all borders. Clinical Indicators of Elder Abuse session to the American Academy of Forensic Science, 72nd Annual Scientific meeting. Anaheim, CA. (February 2020)
- Analysis of 612 Cases . . .es

- Academy of Forensic Nursing Conference, Las Vegas, NV, October 2018. Poster- Mapping of Risk Factors for Sex Trafficking in the ST. Louis Metropolitan Statistical Area.
- Goldfarb School of Nursing. September 2018. OVC 2018 Grant Advancing Hospital Based Victim Services: Clinical Forensic Training Program Model. St. Louis, MO
- Missouri School Nurses Association Conference. Missouri Baptist Hospital, ST. Louis, MO September 2018. Identification and Response for the School Nurse: Trends and best practice in children who are victims of trafficking and exploitation. (Podium)
- Trends in Trauma: Human Trafficking Identification, Care, Response and Referral. BJC Trauma and Washington University School of Medicine Emergency Medicine, May 2018. Ritz Carlton, Clayton, MO. (Podium)
- Washington University Institute of Public Health Human Trafficking Conference April 2018 Community Connectedness: Increasing awareness and best practice response to victims. St. Louis, MO (Podium)
- Human Trafficking: Identification and Safe Response. April 2018. Missouri Hospitality & Hotel Expo, St Charles, MO. (Podium)
- International Association of Forensic Nurses, Toronto, Canada: GIS Mapping of Sex Trafficking Risk Factors in the ST Louis Metropolitan Statistical Area. Poster
- Barnes Jewish Multidiscipline Research Consortium, St. Louis, MO.: Using Simulation in the Education and Training of Health Care Professionals in Clinical Identification of Human Trafficking. Oral presentation.
- 2017 Goldfarb School of Nursing Advanced Practice Seminar: Elder Abuse: Clinical indicators and the nurses as mandated reporter
- 2017 Human Trafficking Collaborative Network Labor Trafficking Conference, St. Louis, MO. Community Connectedness Strategies for Identification and Response to Labor Trafficking Victims. Oral presentation.
- 2017 St Charles Coalition Against Trafficking. State of St Louis Metropolitan Region's Response to Trafficking: Human Trafficking Collaborative Network.
- 2016 Second Annual Traffic School for Healthcare Professionals. Goldfarb School of Nursing Topic Policies, Procedures and Protocols for Healthcare Systems as Guidance for Care of Victims of Human Trafficking; and Lead Program Planner
- 2016 CHIPS, ST Louis, MO. Happy Feet: Diabetic Foot Care and Limb Preservation
- 2016 Goldfarb School of Nursing Advanced Practice Nursing Seminar Elder Abuse: Differential diagnosis
- Traffic School for Healthcare Professionals. Goldfarb School of Nursing. Guidance on the Development of Health System Policies, Procedures and Protocols for Caring for Victims of Human Trafficking; and Lead Nurse Planner

Webinars and Videos

- Human Trafficking: Clinical indicators and response (2020) Alaska Nurses Association Response to Victims of Violence.
- Elder Abuse: Improving clinical identification and response to Elder Abuse. (2018) A course module in the Forensic Nursing Curriculum series. Sigma Nursing, Indianapolis, IN.
- Sexual Assault of the Elderly (2016). A course in the curriculum of Forensic Nursing Practice webinar series. Sigma Theta Tau International, Indianapolis, IN.
- Moist Wound Healing: Cost/Benefit Analysis in Home Care Agencies under PPS. (Southwest Technologies).
- Wound Care: Assessment to Treatment (Southwest Technologies, Kansas City, MO)
- Wound Care: A Clinician's Right to Know: Product Ingredients (Renaissance Pharmaceutical, Dana Point, CA)
- Wound Care: The y 0.00 Care: T eaf2 ()4 ()10 (A (t)-4 (t)f 2.103-4 (14.1))4 ()10 Td () (f

Association for the Advancement of Wound Care member

Wound, Ostomy and Continence Nursing Society: Member for 32 years

- Past Regional President, Vice President, Secretary, House of Delegates 8 years
- Past member of Scholarship Committee 11 years
- World Global Health Organization: 2006-2020
- American Public Health Association: Member since 2013

APPOINTMENTS IN PROFESSIONAL/COMMUNITY ORGANIZATIONS

Community Health Improvement Initiative: Ambo Region 501 c3 organization with the mission to improve lives and healthcare access to the people of the Ambo region in Ethiopia. Board Member 2022-present

Nurses2Peru A 501c3 organization with mission to improve the lives and healthcare of people living in the Andes in the Maras District of Peru. Founder and President founded in 2018

Washington University Institute of Public Health:

Human Trafficking Collaborative Network 2016

Founding and Charter member

Lead track facilitator:

Health Systems Training & Education 2016-2019

Track Facilitator: Labor Trafficking 2016-2019

Consortium of Universities for Global Health 2017-2020

- Midwest Consortium of Universities for Global Health Conference Chair, 2018

Strangulation Institute—Medical Advisory Subcommittee member (2020)

Disability Without Abuse Advisory Board member 2020

Coalition Against Trafficking & Exploitation

Health Care Section 2019

Rescue and Restore, St. Louis, MO 2004-2018 –Member of Healthcare Professional Education Committee on Human Trafficking

Alpha Sigma Nu Jesuit Honor Society Inducted 2015

x Regis University

Bolden Garden East St Louis, IL

- Director of Garden enterprise and grant manager 2014-2015
- Volunteer 2014-2016

VIVEN Health (2016-present) Member of Advisory Board

2014-2017 Faculty Ombudsman

2013-Present Faculty Organization member

Opal's House Emergency Shelter for Homeless Female Veterans (as Contracted provider)
St Clair County, IL

Nurse volunteer 2007-2016

President Board of Directors 2015-2016

Southern Illinois University Edwardsville School of Nursing
2011

- Undergraduate Student Affairs Committee
- Student Nurse Achievement Program Advisory Board 2010-present
- Head Start Health Advisory Committee

2010

- Undergraduate Curriculum Committee
- Haiti Relief Committee for the SEU Edwardsville
- Lecturer and Donation coordinator
- Diversity Committee member

2009

2007-2008

- Southern Illinois Visiting Nurses Association:
- Critical Path Development for Wound Management, CHF and COPD
- Episode management for Top **RB**'s.

2001

- Co-author of OASIS Wound and Skin MO Item Interpretations. Endorsed by Centers for Medicaid and Medicare Services. The Guidelines were implemented at a national level in 2002.

2000

- Co-authored State of Nevada Medicaid Policy for Ostomy and Wound Care Benefit Coverage Policy.

Patents and Trademarks

- Academic Mapping Program (AMP©) conceptual design Patent in process 2018
- I-STAR*(Individualized Support Tracking Assessment Record). A software program specific to wound care assessments, documentation, treatment tracking, and outcome analysis (clinical, quality and financial). Copyrighted 1992, Trademarked 1994,
 - f* Utilization Patent 1994. o Program licensed in 1996 to two publicly traded companies.
 - f* Program was sold to a publicly traded company in 1997. Program was implemented in US as well as globally as a component of a disease state management program for managed care.
 - f* The program was also used as the basis for a 760 wound care path guide under the Wound Works® product line.
- Glove Depo(Trademarked 1993) and registered as Utilization Patent 1993 as device for dispensing gloves in bulk and with specially designed dispensing tip. This was designed to reduce contamination and waste of gloves used in healthcare facilities.
- EvalU-Meter (Trademarked in 1993) and registered as Utilization Patent in 1993. This device combined the attributes of cotton tipped applicator with the imbedded measurement tool for ease in use along with improved measuring accuracy. The device made measuring a one step process versus three steps. Licensed to medical device company.
- Wound Works(Registered in 2001) A 760 care map designed as a digital program and built with predictive analysis to provide guided treatment plans for wound care patients. Based in evidence and standards of care of the wound healing industry. (USPTO acquired)