



Pilates Training Certificate

Department of Dance
 Catalogue Year: 2024-2025

Name:

Student ID:

Date:

Department of Dance Required Courses (15 credits)

Course	re-Reqs	Credit	Rotation	Enrolled	Grade	Transfer
DAN 108 Pilates I or PEX 161 Pilates		1	! S Sum			
DAN 110 Dance for Health and Tone		1	! S Sum			
DAN 108 Pilates II	DAN 108	1	! S			
DAN 108 Pilates III	DAN 108	1	! S			
DAN 110 Dance (Introduction)	EN 100	1	! S Sum			
DAN 110 Pre-vention and Care of Dance Injuries	DAN 110	1	! S Sum			
BIOL 180 Fundamentals of Life Science		3	! S Sum			

PEX 161 is an option for non-dance majors only